

Year 5 | Striking & Fielding

KNOWLEDGE

Competent learner:

Demonstrate effective leadership

Demonstrate improvements to their work

Demonstrate originality, imagination and creativity in techniques, tactics and choreography

Perform and link skills with control and consistency

Perform/complete fundamental sports skills with control

Active & healthy learner:

Clearly understand how personal fitness can improve performance

Demonstrate sustained levels of fitness

Reflective learner:

Consistently improve their work

Describe and comment on their own and others' performance with accuracy of actions

Know what has made their performance effective

Engaged learner:

Compete respectfully and fairly following rules

Eagerly participate in every PE/Sport lesson displaying excellent sporting attitudes

Effectively communicate and collaborate with each other

Work independently for extended periods of time without the need for guidance

Disciplined Learner:

Demonstrate self-discipline in all tasks

Show a positive attitude throughout the lesson

Be kind, respectful and considerate when working with others

Show support for their peers

Take responsibility for their own behaviour

SKILLS

Striking & Fielding Principles – different types of games

Batting

Identifying weaknesses in organisation of fielders and taking advantage of this

Communication skills – verbal and non-verbal

Identifying patterns of play - bowler/types of delivery (simple line and length principles – pitched short/full/full toss), fielders with stronger throwing techniques/consistent accuracy

Game management

Fielding

Create tactics to achieve desired result

Identifying strengths of opposition and reducing/stopping this

Communication skills – verbal and non-verbal

Identifying patterns of play (favoured shot of batter)

Awareness of pitch width and dept and covering best as possible

Game management

Bowling

Identifying patterns of play (favoured shot of batter)

Umpiring

Applying rules and making decisions aligned to the rules; run out/no ball/strike/boundary crossing

Locomotion skills (Batting) - apply game principles/rules

Run – in between wickets/around bases

Locomotion skills (Fielding) - apply game principles/rules

Run – closing space not allowing any gaps

Bat manipulation skills (Batters)

Strike – vary shots to gain an advantage over the fielders

Ball manipulation skills (Bowler/Fielders) – apply game principles/rules

Catch – a moving object - varying speeds, angles and heights

Throw – to a designated target/person dependant on the batter(s) movements

Pick-up – gather a rolling object and throw

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KEY VOCABULARY	ASSESSMENT
Assessment areas	Expected
Effective leadership	Take charge demonstrating respect, encouragement and effective communication skills to own team
Improvements to their work	Show noticeable progress in performing actions and decision making
Creativity and imagination	Are inventive with their tactics individually and in a team with mixed success
Skill control and consistency	Increasing control and consistency when sending, receiving and striking from a static position and on the move
Fundamental Sport Skills	Can apply different skills in different sports with increasing control
Personal fitness	Can relate to strength, flexibility and stamina and discuss how this would improve performance
Demonstrate sustained levels of fitness	Reference managing energy levels accordingly and external factors such as diet, sleep and hydration
Consistently improve	Analyse own performance and provide relevant specific actions to improve their work
Comment on own and others performance	Provide specific feedback and offer technical guidance to support, when prompted
Know effective performance	Review performance and identify any strengths, commenting on why they were a strength
Compete respectfully and fairly	Maintain respect and fair play when an activity is refereed/umpired by a peer
Sporting attitude	Demonstrate enthusiasm before, during and after each lesson, without external influences such as losing a game
Communicate and collaborate	Actively encourage and motivate all in group/team, despite friendships
Work independently	Keep an activity flowing with a designated referee in place
Self-discipline	Do not allow influences such as loss or conflict affect participation or behaviour
Positive attitude	Keep an open mind to trying different tasks or equipment in lesson
Consideration for others	Demonstrate respect and fair play by shaking hands and congratulating others when on the losing team
Supporting peers	Show understanding and encouragement when someone makes a mistake
Taking responsibility	Can discuss and/or demonstrate accountability if or when behaviour does not meet expectations
Additional key vocabulary	Definition
Umpire	An official who watches the game/match closely to enforce the rules of the sport
Boundary (cricket specific)	Where the outfield is classed as the end and the point in which batters automatically score runs without the need to run if the ball crosses, either with or without touching the outfield (4 runs scored if touched outfield, 6 if it did not touch outfield)