

Year 2 | Striking & Fielding

KNOWLEDGE

Competent learner:

Demonstrate some understanding of simple tactics for striking and fielding

Perform fundamentals of movement (ABC's) with control and confidence

Safely negotiate space both indoors and outdoors

Active & healthy learner:

Recognise and describe how their body feels during and after activities

Understand and explain the importance of good health, physical exercise and healthy food

Understand and explain which activities are good for our health

Reflective learner:

Describe, explain and comment on their own and others' actions and feelings

Listen, respond to set tasks and sounds following expectations and rules

Make judgements to improve their work

Engaged learner:

Communicate, select, prepare and handle appropriate resources effectively

Cooperate and work in small teams

Dress and undress for PE promptly

Listen to others and follow instruction

Disciplined Learner:

Show a positive attitude towards activities and other pupils

Work well with others by showing respect

Stay on task throughout the lesson

SKILLS

Agility

Moving the body from one position to another (changing direction)

Start/stop on command, maintaining balance

Balance

Centre of gravity over the base of support

Counterbalancing when centre of gravity is out of position

Co-ordination

Synchronising limbs when performing an action

Generating force when sending

Locomotion skills (ways to move):

Run – forwards, backwards, sideways and diagonally

Chase – closing space between self and travelling ball

Jump – receive object/stop object travelling away from self

Stabilisation skills (maintaining physical stability):

Turn – pick up and throw to designated target

Twist – when sending/receiving

Stretch – when receiving/ stop object travelling away from self

Ball manipulation skills (ways to use an object):

Send – throw an object to designated target

Receive – catch with hands

Pick up – static or moving object

Carry – run with a bat in hands

Striking & Fielding Principles

Fielding – retrieve an object and send to designated target, to prevent opposition scoring runs/rounders/points

Batting – strike an object into space to gain n advantage and allow to score runs/rounders/points

EXPERIENCES

Multi skills based activities with an emphasis on sending and receiving

A variety of activities including themes of Cricket, Rounders and Kick Rounders

A variety of equipment including balls, bats, wickets and bases

Working in small teams

Simple competition in small teams

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KEY VOCABULARY	ASSESSMENT
Assessment areas	Expected
Simple tactics for striking & fielding	.
Control	Stay within an area stopping and starting on command, maintaining control of object
Agility	Change direction quickly to retrieve a moving object
Balance	Able to adjust weight to transfer into different positions
Co-ordination	Can use arms and legs simultaneously to send, receive and strike
Safely negotiate space	Consistent in finding new spaces whilst remaining in an area and retrieving an object
Changes to the body	Able to discuss change in temperature and needing more air
Good health	Can talk about different food groups and understand their nutritional value and frequency of consumption
Activity types	Can suggest activities that increase heart rate
Actions and feelings	Share with others and include all involved equally
Rules and expectations	Can follow rules given without prompt
Make judgements to improve	Can say what they do well, what they need to change and how
Handling equipment	Use for its intended purpose and can work with others to collect and carry sensibly, placing it back in its correct storage position
Co-operate	Work well with others, taking turns, sharing and helping others when needed
Preparing for PE	Can dress promptly without help and keep area tidy
Listen to others	Allow others to speak and listen and respond to instructions from others
Positive attitude	Respond to instructions, do not disrupt others and offer support where needed
Respect	Share, include others equally and support/encourage others
Stay on task	Remain on task throughout the lesson with no intervention from AP
Additional key vocabulary	Definition
Tactics	An action planned to achieve a specific end